Sister Alice Marie Quinn, D.C.
1935-2017
IN MEMORIAM

Sister Alice Marie, Daughter of Charity, has passed away at age 82. Our hearts are filled with sorrow and with love as we say goodbye. Her life of service and love for others inspired everyone who knew her. Together, we will carry on her life’s work of feeding the hungry in her memory.
Sister Alice Marie Quinn
Legacy Society

Sister Alice Marie founded St. Vincent Meals on Wheels on July 7, 1977, with a single pot of stew in a church basement for 83 seniors.

From those humble beginnings, the program has grown to become the largest privately funded Meals on Wheels organization in the U.S., with a staff of 78 and 300 volunteers who serve over 1,800 homebound Angelenos every day.

This is Sister Alice Marie’s legacy to the people of Los Angeles. We are now the stewards of her dream.

The number of shut-in seniors in L.A. is growing, making St. Vincent Meals on Wheels—and planned gifts from caring supporters like you—more crucial than ever.

If you include St. Vincent Meals on Wheels in your estate plans, please tell us now so we can thank you on behalf of all the seniors you’ll feed for years to come.

By making a bequest or other planned gift, you become a lifetime member of the Sister Alice Marie Quinn Legacy Society. Your compassion will be honored on our Donor Wall and with invitations to Legacy Society events.

Most importantly, you’ll ensure our future, so no L.A. senior goes hungry.

Please contact Daryl Twerdahl at (213) 484-7327 or dtwerdahl@stvincentmow.org for a confidential, no-obligation talk about your estate wishes and needs.

Sister Alice Marie Quinn Legacy Society Members
(New intentions and bequests from January 1 to June 1, 2017)

Mary Alice Brown
Geraldine C. Vidovich
Dolores Raneri
Robert E. Moriarty
Anonymous
FROM THE DIRECTOR

Honoring SAM by Boldly Moving Forward

We are heartbroken by the loss of our beloved Sister Alice Marie.

SAM was our fearless leader, inspiring us for 40 years with her passionate vision and undying compassion for those we serve. She was the living embodiment of our mission.

But SAM also mentored and trained us to serve every meal client with compassion and respect. She left us with a strong organization, and a dedicated family of volunteers and supporters, including you.

Now we must move forward boldly in her honor to meet the needs of L.A.’s hungry seniors for the next 40 years.

We continue to deliver daily hot meals to over 1,800 of our most vulnerable neighbors. We provide wellness checks to make sure they are OK, and we assist them if they need help.

We still celebrate every client’s birthday with a card, cake and a small gift. And as always, we make the holidays better for those who are isolated and lonely with special holiday meals and remembrances.

As a privately funded program, we’re also prepared to take on new clients who can’t get meals from government funded meal programs due to budget cutbacks in these uncertain times.

Everyone here is committed to ensuring that St. Vincent Meals on Wheels runs with the same compassion, respect and excellence taught to us by our one-of-a-kind, visionary rebel of a leader.

SAM had faith in those of us who shared her belief that no senior should go hungry. I am so grateful that you will help us carry on her legacy with every meal served. God bless you for your caring heart.

—Daryl Twerdahl
Interim Executive Director

Daughters of Charity Affirm their Commitment

St. Vincent Meals on Wheels is sponsored by the Daughters of Charity, an international community of 19,000 Catholic women dedicated to serving those who are sick and poor.

“We WILL CONTINUE TO SERVE EVERY HOMEBOUND SENIOR IN OUR SERVICE AREA WHO NEEDS MEALS.”

The Daughters of Charity have pledged their continued support for the mission of St. Vincent Meals on Wheels.

“For 40 years, the Daughters of Charity have provided St. Vincent Meals on Wheels with leadership, guidance and financial support,” said Sister Patricia Miguel, D.C. “That will not change.”

“Sister Alice Marie’s leadership and indefatigable spirit helped build the largest privately funded meals program in the country. Her vision will always guide us.”

Today our foundation and funding are solid and, thanks to our family of donors and volunteers, we will continue to serve every homebound senior and seriously ill adult in our service area who needs meals.

The Daughters of Charity named longtime Director of Development Daryl Twerdahl as Interim Executive Director.

Daughters of Charity

A Giving Heart at Age 11

Jordan, here with his father Hareu, held a yard sale to raise money for St. Vincent Meals on Wheels. For his 11th birthday party, in lieu of gifts he asked guests to make donations to help deliver meals. They visited the kitchen in May to present a check to Sister Alice Marie.

“Not a day goes by that I’m not grateful for the meals.”

— Carla, 100
Nelly and Sister Alice Marie, a Dynamic Duo

With a rueful smile, Nelly Llanos Kilroy calls herself “SAM’s best non-nun friend.”

Nelly was a volunteer at St. Vincent Medical Center in 1980 where Sister Alice Marie worked as a registered dietician. She heard about SAM’s senior meal program in the community and went to meet the dynamic nun everyone was talking about.

“The moment we met, we became friends,” she said. “It was instant and irreversible. SAM’s program was growing and so was her need for funds, so I told her I would bring some of my friends to help.”

Nelly, her daughter Bea Wallace, and friends Kathy Kilroy and Irene Weingarten immediately jumped in to provide volunteer and fundraising support. Cuisine à Roulettes, the support group for St. Vincent Meals on Wheels, was born.

“In those early days we did everything,” Nelly said. “We delivered meals and held fundraisers in our homes. We recruited more friends to join us. And we succeeded beyond our wildest dreams.”

Cuisine’s base of volunteer and financial support has been instrumental to the program becoming the largest privately funded Meals on Wheels program in the country.

Nelly said, “Because SAM and I were good friends, we also had a lot of fun along the way. We used to ride our bikes on the beach and go out to breakfast every week. We took a tap dancing class to fulfill one of SAM’s childhood dreams. And we enjoyed lots of fundraising events surrounded by our good friends.”

Nelly and her late husband Jim Kilroy have also been loyal contributors throughout the years. Her children Rick Llanos and Bea Wallace continue the family tradition as volunteers and supporters.

“SAM dedicated her life to this mission. At 82, she worked in the kitchen until the last day she could. This wonderful, stubborn woman changed my life, and I am committed to continuing her important work.”

GIFTS AND GRANTS

Many Thanks to Our Donors

Although space doesn’t allow us to print all donors’ names, every contribution is greatly appreciated and immediately put to work delivering food and love to the needy.

BEQUESTS
Mary Alice Brown
Robert E. Moriarty
Dolores M. Raneri
Geraldine C. Vidovich
Anonymous

GRANTS
Dan Murphy Foundation

OPERATIONS SUPPORT
The Aidlin Foundation
Mr. Randolph C. Bentler
Shirley P. Desrochers
Exxon Mobil Foundation
Mr. Donald W. Grant
Lewis A. Kingsley Foundation
Ms. Alice E. Kinsman
Meals on Wheels America
Ms. Encarnacion R. Molina
Puckett Living Trust

(Gifts of $5,000 or more from 1/1/17 to 6/15/17 are included)

Gifts of Stock

St. Vincent Meals on Wheels gratefully accepts and appreciates gifts of stock, with no stock transfer fee. For more information, call Daryl Twerdahl at (213) 484-7112.

“When I was released from the hospital, I came home to an empty house. I had no cash and no idea how I was going to exist. You came into my life and have given me food for my body and for my soul.”

— from a client
When I first toured the St. Vincent Meals on Wheels kitchen six years ago, it hummed with energy, love and efficiency. But what stopped me in my tracks was the gratitude wall of thank-you notes from seniors. It isn’t just about food; love is being delivered day in and day out.

As a life coach, one of my first suggestions is for people to give back. And while I may be biased, there is no better place to do this than St. Vincent Meals on Wheels. Volunteering has added more meaning to my life. Won’t you consider joining us as a driver, meal runner or kitchen helper? Or you can join Cuisine à Roulettes and help with fundraising events. Get involved yourself and see how good it feels!

Many thanks.

– Betsy Rosenfeld Vargas

To volunteer, contact Carol Martinez at (213) 484-7494. To attend a Cuisine meeting or fundraiser, please email Cathie White at cathbart@sbcglobal.net.

“\text{It means everything to know someone cares. I am not forgotten.}”

— John, 79
Ending hunger and saving lives for 40 years.

Please join the

2017

Circle of Angels

St. Vincent Meals on Wheels

Members of our Circle of Angels are vital to helping St. Vincent Meals on Wheels deliver daily meals to homebound L.A. seniors who cannot shop or cook for themselves.

These Angels turn their compassion into action through annual contributions to St. Vincent Meals on Wheels of $500 to $10,000+. Won’t you please join us?

As a member, you receive a variety of distinctive benefits, including invitations to VIP events, and name recognition on the Circle of Angels Donor Wall.

Please join the Circle of Angels by December 31 to be recognized on the 2017 Circle of Angels Donor Wall. Call Mrs. Daryl Twerdahl at (213) 484-7327, or go to www.stvincentmow.org.

At the Angel level or higher, you are honored on the 2017 Circle of Angels Donor Wall, to be unveiled at the Circle of Angels Celebration.
LOVE IN MOTION AT OUR 22ND ANNUAL WALK/BIKE-A-THON

At the 22nd Annual Beach Walk/Bike-a-Thon, more than 300 members of our St. Vincent family enjoyed a walk or bike ride at the beach while helping to feed L.A.’s homebound seniors.

The April event raised over $96,529 to buy food for our homebound clients.

Our emcee, actor/director Fred Savage (at left), came to cheer on the walkers and riders.

Walkers enjoyed a 3.7-mile walk along the beach.

Bikers rode five miles up the coast and back on the beach bike path.

MANY THANKS TO OUR SPONSORS

Daughters of Charity Foundation
Schultz & Williams, Inc.
AKR USA Fraternity So Cal Chapter
Nancy Babka and Carla Garrett
William R. Barrett and Family
Peggy Bartenetti and Family
Linda and Skip Bowling
Capstone Partners
Cuisine à Roulettes
David M. Lewis Company, LLC
Timothy J. Denton
Doozy Cards LLC
The Esposito Family
Lila Jensen and Family
W. E. Jessup and Family
Jessica Kan and Garth Pappas
Gretchen S. Kasai and Family
The Keene Family
The Kessler Family Trust
John B. & Nelly Llanos Kilroy Foundation
Lightwerks Communication Systems
Kathy McCaffery and Family
Darrach McCarthy
Miller Kaplan Arase LLP
Anne P. Murphy and Family
Sean Murphy Catering and Events
Neighborhood Junior Tennis Program
Robert Nelson and Van Ramsey
The Provence Family
Manuel R. Rojas
Elenita San Luis
Antoinette J. Shewell
Spilo Worldwide
Henry V. Ungaro and Family

MANY THANKS TO OUR IN-KIND DONORS

Yvonne M. Cazier
Amy Disston
Jeni’s Ice Cream
Audrey Jessup
Olivia Kazanjian
Gina Riberi
Allison Wells
Spilo Worldwide
Sysco
Get social with us!

Join us on Facebook: facebook.com/stvmow
Follow us on Instagram: instagram.com/stvmow
Follow us on Twitter: twitter.com/stvmow

The Bread Basket
Volume 32, Number 2
Summer 2017

St. Vincent Meals on Wheels
Board Chairperson
Sister Jo-Anne Laviolette, D.C.
Executive Director
Mrs. Daryl Twerdahl

St. Vincent Meals on Wheels is sponsored by the Daughters of Charity Ministry Services Corp.

St. Vincent Senior Citizen Nutrition Program
2303 Miramar Street
Los Angeles, CA 90057-2109
stvincentmow.org
ADDRESS SERVICE REQUESTED

Thursday, September 14, 6-10 p.m.
Jonathan Beach Club, Santa Monica

Say farewell to summer at this cool culinary event featuring L.A.’s hottest chefs grilling on the beach, with wine tasting, specialty cocktails, live music and crackling fires as the sun sets over the ocean. Dress is casual, shoes are optional.

This event sells out each year—get your tickets now at eveningonthebeach.com

Thank you for your support.

Bernice, 87

“...I’d be eating frozen meals because I’m sick and can’t cook. I am so blessed to know that you care!”

—we support people who are struggling to make ends meet.

www.eveningonthebeach.com

Your donation today makes a difference in someone’s life.

—$1 helps provide a meal for a senior citizen.
—$10 helps provide a meal for a homebound senior citizen.
—$100 helps provide meals to an entire family.

Thank you for your support.

—our meals are prepared fresh daily.
—our meals are nutritious and balanced.
—our meals are delivered right to your door.

Please call us at 323-209-5799 to learn more.

St. Vincent Senior Citizen Nutrition Program
2303 Miramar Street, Los Angeles, CA 90057-2109
stvincentmow.org
ADDRESS SERVICE REQUESTED